**MultiSport Research - Endurance Sport Social Analytics (ESSA)** 

# MEASURING ENDURANCE SPORT BRAND PERFORMANCE ON INSTAGRAM

All data based on analysis of 720+ international endurance companies' social media profiles over 4 week period: April 4 to May 1, 2018

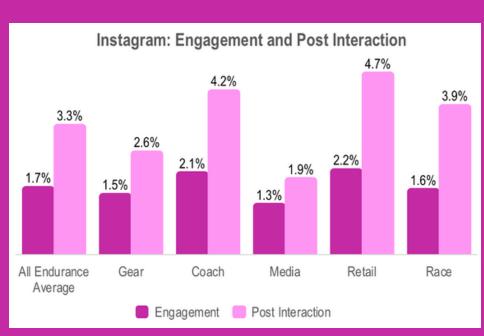
# Instagram continues to lead with highest growth & engagement



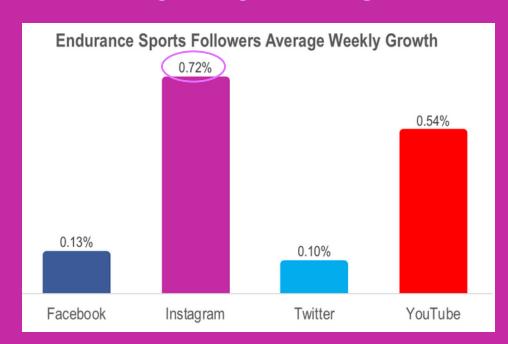
10.4K total posts, 25M total interactions this period.
Instagram had 2396 reactions per post compared to 202 on Facebook.
15% of endurance companies analyzed don't have an Instagram profile.
Slight increase in engagement and posts/day compared to past months.

## **ENGAGEMENT**

Instagram has highest
engagement and post
interaction compared to
Facebook and Twitter, and is
slightly up compared to past
two months. Only 35 profiles
analyzed have more than 10%
average post interaction.
Quality engaging posts are key
for driving brand performance.



## **FOLLOWERS AND GROWTH**



+ 0.72% Avg Weekly Growth

Instagram has highest growth compared to Facebook, Twitter, and YouTube; and is 2nd in follower size next to Facebook.

# of Followers 265K average, 6K median

### **POSTS**

Common themes from top performing Instagram posts within Endurance Gear and Media:

High quality pictures that athletes can relate to; pictures of bikes; fellow athletes & pros; inspiring; new products; race coverage; engaging text that is short & impactful with good use of hashtags.

Repeat again: Bike pictures really engage well!

O.61
Posts/Day
75% Pictures
12% Carousel
13% Videos

#### LEADERBOARD

Some examples of high performing companies on Instagram this period:

Gear: Bianchi, Zoggs

Media: Rouleur, Global Triathlon Network (GTN)
Coaches: Strong Finish Run Coaching, Trisutto

**Retail:** Tri Shop, Fit Werx

Races: OKC Memorial Marathon, Boston Marathon

"Being at least as good as the leader is a prerequisite to being competitive" - Peter Drucker